



BLOOD DONOR HEALTH QUESTIONNAIRE

FIRST TIME DONORS OR TWO YEARS EXCEEDING THE PREVIOUS DONATION

DONOR ID

RECEPTION

DONATION

Use capital letters

Name ID number

Permanent address Present address

Telephone number: Home Work Mobile

Email Occupation

Any reaction during/after the previous blood donation?

Blood donation elsewhere than in the Icelandic Blood Bank, date and place:

Please inform The Blood Bank, if you experience any **illness** shortly after donating.All information is treated **confidentially**. You have the **right to withdraw** from donating at any time without giving a reason.I have read the Blood Bank booklet, "Infection prevention and blood donation – information to the donor" today.

- | | Yes | No | | Yes | No |
|--|--------------------------|--------------------------|--|--------------------------|--------------------------|
| 1. Are you in good health? | <input type="checkbox"/> | <input type="checkbox"/> | 11. Have you ever had: | | |
| 2. Are you currently taking any medication? | <input type="checkbox"/> | <input type="checkbox"/> | a. heart or blood vessel disease/ Rheumatic fever? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have you recently taken a pain reliever, anti-inflammatory medication, herbal/natural supplements or over-the-counter medication? | <input type="checkbox"/> | <input type="checkbox"/> | b. chest pain / pressure feeling? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you during the past month: | | | c. lung disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| a. been in contact with any person having an infectious disease? | <input type="checkbox"/> | <input type="checkbox"/> | d. Tuberculosis? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. had influenza / a cold / a cold sore? | <input type="checkbox"/> | <input type="checkbox"/> | e. Rheumatic arthritis? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. had a dental appointment? | <input type="checkbox"/> | <input type="checkbox"/> | f. anemia/blood disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you during the past 12 months: | | | g. high blood pressure/low blood pressure? | <input type="checkbox"/> | <input type="checkbox"/> |
| a. been ill/had surgery/ been under medical observation? | <input type="checkbox"/> | <input type="checkbox"/> | h. jaundice/liver disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. had a vaccination/immunization? | <input type="checkbox"/> | <input type="checkbox"/> | i. gastric/intestinal disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. lost weight/had lymphadenitis/diarrhea/cough/fever? | <input type="checkbox"/> | <input type="checkbox"/> | j. kidney disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| d. had acupuncture / electrolysis / tattooing / body or skin piercing? | <input type="checkbox"/> | <input type="checkbox"/> | k. endocrine disease (e.g. thyroid disease)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Are you born outside of Iceland? | <input type="checkbox"/> | <input type="checkbox"/> | l. Diabetes? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Have you travelled or lived outside of Iceland? | <input type="checkbox"/> | <input type="checkbox"/> | m. allergy? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you been told of a family history of Creutzfeld – Jakob Disease? | <input type="checkbox"/> | <input type="checkbox"/> | n. sexually transmitted disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Have you ever been told not to give blood? If yes, state the reason. | <input type="checkbox"/> | <input type="checkbox"/> | o. nervous system disease? | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | p. loss of consciousness (fainted)/convulsions? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Female donors: Have you been pregnant during the past 12 months or since your last donation/blood test? | <input type="checkbox"/> | <input type="checkbox"/> | q. cancer/cell dysplasia? | <input type="checkbox"/> | <input type="checkbox"/> |
| Weight: Height: | | | 12. Have you been in an accident? | <input type="checkbox"/> | <input type="checkbox"/> |
| I had a meal/snack at o'clock | | | 13. Have you had a blood transfusion? | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | 14. Have you had: | | |
| | | | a. treatment with growth hormone or other human pituitary hormone? | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | b. tissue grafting (e.g. corneal graft, dura mater graft)? | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | c. treatment with the medication isotretinoin (e.g. Decutan, Roaccutan)/ etretinate (e.g. Tegison)/acitretin (e.g. Neotigason)/finasteride (e.g. Finol, Propecia, Proscar)/ dutasteride (e.g. Avodart, Duodart)? | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | 15. Female donors: Have you had a conization? | <input type="checkbox"/> | <input type="checkbox"/> |

I have read and understood the educational materials provided by the Blood Bank to blood donors, have had opportunity to ask questions and have received satisfactory answers.

I consent to blood donation/blood test today and to the Blood Bank storage of this health questionnaire as well as computer recording of blood test results.

I vouch for having answered the health questionnaire according to the best of my knowledge and that I do not belong to any mentioned risk group.

Date: Blood donor signature:

Skin inspection: Nurse: